

Conference Companion/Spousal Program

We understand that attending conferences can sometimes mean leaving loved ones behind. That's why we're excited to announce our Companion Program, designed to ensure that accompanying persons feel just as valued and entertained during the conference.

Our program aims to provide a tailored itinerary of activities and experiences specifically curated for companions, partners, and family members. From cultural excursions to leisurely outings, we've crafted a diverse array of options to suit every taste and interest.

Welcome to Companion Connection – where companions are not just accompaniments, but integral parts of the conference experience.

Day 1 - 27th May 2024

Time	Activities	What to expect
8:30am to 9:00am	Pick Up	
9:00am to 9:15am	Historical Presentation of Dar es Salaam city	Presentation at National Museum
9:15am to 10:00am	Tour at the National Museum	Witness the copies of the famous fossil discoveries of Zinjanthropus ('nutcracker man') from Olduvai Gorge, along with other archaeological finds. Explore Tanzania's past and its mosaic of cultures, including: <ul style="list-style-type: none"> - The Shirazi civilisation of Kilwa, the Zanzibar slave trade, and the German and British colonial periods. - Contemporary art gallery exhibition - Rock art gallery exhibition - Historical car exhibition - Historical tree exhibition - Hope out of Sorrow exhibition
10:00am to 10:30am	Photoshoot	Photoshoot next to the Askari Monument, a memorial dedicated to the askari (African soldiers) who fought in the British campaign against the German Army in East Africa during World War I.
10:30am to 11:15pm	City tour	<ul style="list-style-type: none"> - Azania Front <i>This church was built by German missionaries in 1898. It serves as a Lutheran church and features distinctive architectural designs. It has a rich history.</i> - St Joseph Cathedral <i>The Saint Joseph's Metropolitan Cathedral is a Roman Catholic cathedral in Dar es Salaam. It was built by the Germans between 1897 and 1902 and consecrated as a Catholic church in 1905.</i> - White Father's House <i>The White Fathers' House, also known as Atiman House, is a historic building in Dar es Salaam, initially built in the 1860s as a harem for Sultan Majid of Zanzibar. Acquired by the White Fathers in 1922, it became their main base in East Africa. Today, it serves as a site for visitors, showcasing historical photos of Dar es Salaam's seafront from the German colonial era.</i> - Old Boma <i>Built in 1866-67, it is among the city's oldest structures, featuring Zanzibari-style architecture. Now housing the Dar es Salaam Centre for Architectural Heritage (DARCH), it offers exhibitions on the city's architectural evolution and hosts temporary art displays.</i> - Ocean Road Hospital <i>Established in 1897 by the German colonial government in East Africa, it initially served only the European community. Renamed Ocean Road Cancer Institute after Tanzanian independence, it evolved into a comprehensive oncology center affiliated with Muhimbili University, treating cancer patients and studying viral diseases like hepatitis B and HIV/AIDS. Its historical architecture and colonial origins contribute to Dar es Salaam's architectural heritage.</i> - Ferry Fish Market <i>One of the largest fish markets in Tanzania.</i>
11:15pm to 12:00pm	Mwalimu Nyerere Museum	The Mwalimu Nyerere Memorial House is a museum dedicated to Tanzania's founding father, Julius Nyerere, the first president of Tanzania. The house served as a key site for independence discussions in Tanganyika, hosting clandestine meetings in the 1950s. Today, it preserves Nyerere's family artifacts and furnishings, including his bed, radio, and dining set, offering insight into his early life and struggle against colonial rule.
12:00pm to 1:30pm	Lunch break	Lunch break
1:30pm to 2:30pm	Village Museum	Learn about the lifestyles and traditions of the many tribes living in Tanzania today, including the types of houses they live in and the tools they use.
2:30pm to 3:00pm	Traditional Dance	Experience traditional dance where guests are welcome to join in and learn some traditional native dance moves.
3:00pm to 3:30pm	Shopping	Explore the African sculptures and crafts market at the Village Museum, featuring a wide array of souvenirs, from handmade jewelry and clothes to home decorations.
3:30pm to 4:00pm	End of Day	Drive back to hotel

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Day 2 - 28th May 2024

Guests will have the delightful opportunity to choose between two captivating experiences: Option I immerse you in Tanzania's vibrant wildlife, while Option II delves into the rich historical tapestry of Tanzanian culture

Option I			Option II		
Time	Activities	What to expect	Time	Activities	What to expect
6:00am to 6:30am	Pick Up		6:00am to 6:30am	Pick Up	
6:30am to 7:15am	Yoga	Practice 45 minutes of a wonderful outdoor yoga class at the beach, followed by up to one hour of relaxed painting time.	6:00am to 7:00am	Yoga	Practice one hour of a wonderful outdoor Yoga class at the beach, to be followed by up to one hour of a relaxed painting time.
7:15am to 8:00am	Paint (Canvas or Pots)	Professional artists provide step-by-step instructions to reproduce a pre-selected work of art. When attendees finish, they get to keep their creations.	7:00am to 8:00am	Paint (Canvas or Pots)	Professional artists to provide step-by-step instructions to reproduce a pre-selected work of art. When class attendees finish, they get to keep their creations.
8:00am to 9:00am	Return to hotel to freshen up + Breakfast	Guests return to the hotel to freshen up before starting a day tour.	8:00am to 9:00am	Return to hotel to freshen up + Breakfast	Guests return to the hotel to freshen up before starting a day tour.
9:00am to 11:30pm	Travel to Ruvu JKT wildlife	Ruvu is a small town located in the Kibaha District of the Pwani Region in eastern Tanzania, west of Dar es Salaam.	9:00am to 11:30pm	Travel to Bagamoyo Historical town	Bagamoyo is a historic coastal town and capital of Bagamoyo District in the Pwani Region of Tanzania.
11:30pm to 12:30pm	Lunch break	Lunch at JKT	11:30pm to 12:30pm	Lunch break	Lunch at Zoo
12:30pm to 1:30pm	Tour at Ruvu JKT Wildlife	At Ruvu JKT Wildlife Sanctuary, guests have the opportunity to feed and interact with a diverse array of magnificent wild animals, including giraffes, zebras, elands, wildebeests, impalas, bushbucks, and ostriches. Experience the thrill of connecting with these beautiful creatures in their natural habitat	1:00pm to 1:15pm	Caravan Serai Museum	The Caravan Serai slave trade museum in Bagamoyo preserves the history of the 19th-century slave trade and ivory commerce. Serving as a pivotal hub for slave traders, it marked the starting point for journeys into the interior. The museum exhibits remnants from the era, including structures dating back to the 1860s and Abushiri's wall from 1888, reflecting the profound impact of Arab, German, and British colonization.
1:30pm to 4:00pm	Travel back to city centre		1:15pm to 1:30pm	Catholic Church Museum	The pioneer mission was established by the Holy Ghost Fathers. The original Holy Ghost Church, built in 1872, is reportedly the oldest church on the mainland of East Africa.
4:00pm to 4:30pm	Shopping at Tingatinga Arts Cooperative Society	Tinga Tinga is a unique and visually stunning painting style that originated in Tanzania, East Africa, during the second half of the 20th century. Products sold under this style include paintings as well as African cultural clothing and Maasai shoes.	1:30pm to 2:00pm	Kaole Ruins	Kaole is home to ancient Swahili coral stone ruins dating from the 13th to 16th centuries. Tourist highlights include two historic mosques, one dating back to the 13th century - the oldest in Tanzania and East Africa - and another from the 15th century. Additionally, visitors can explore 22 graves, a dense mangrove forest, a mystical well, a small museum exhibiting colonial-era artifacts, and the remnants of an old harbor.
4:30pm to 5:00pm	Move to next shopping point		2:00pm to 2:15pm	The Hanging post	The hanging place used to be the location of a large tree where individuals who revolted against the 19th-century German rule of the area and the abolition of the slave trade were hanged.
5:00pm to 5:30pm	Shopping at Kitumbini	Kitumbi Street offers a vibrant marketplace celebrating Tanzanian culture. Guests can explore a colorful array of clothing and homewares crafted from traditional fabrics like Kitenge and Khanga.	2:15pm to 2:30pm	Bagamoyo fish market	Bagamoyo, once a colonial hub at the end of the slave trail, has transformed into a quiet fishing town. Its former slave market has been replaced by a bustling fish market. The beach is renowned for its white sands and serves as a base for fishing dhows. The Dhow harbor is where local fishermen anchor their boats near the old town conservation area
			2:30pm to 3:00pm	Shopping at Bagamoyo Art Market	The products sold include carvings, adornments, paintings, and drawings, all infused with traditional craftsmanship
5:30pm to 6:00pm	End of Day	Drive back to hotel	3:00pm to 6:00pm	End of Day	Drive back to hotel